



THIS ISSUE'S STAFF SPOTLIGHT

TAMMY REYMOND

Baobuyu Director Tammy Raymond first came to Africa when she went to Namibia from Canada in 2009 to work with orphaned, injured, and abandoned African wildlife. Upon her first arrival in Livingstone, Zambia in 2011, she “fell in love with the people and the culture [and] felt very comfortable here” Tammy said. She later opened Baobuyu in 2016 with the hope of expanding access to education for a whole community.

Tammy first worked in Mwandi compound as a volunteer teacher at Mwandi community school and when she saw how much people needed help within the community the idea for Baobuyu was born. Since the school first opened its doors, she says her favorite part about coming to school every day is “the hugs from the kids first thing every morning and seeing their smiling faces”.

Baobuyu has made tremendous progress since 2016 and Tammy has been here to witness all the milestones. Some of her crowning achievements at Baobuyu include: building the school, getting water for the first time (after which she did cry), starting our Sponsor a Child program, and building a wall to protect the school. She especially loved the school’s first-ever graduation ceremony and getting to see off the kids that had helped make her dream a possibility. As for the future, Tammy’s goals include gaining more partnerships with organizations such as ZAWS and DeSanto Centre for the Deaf, providing more education to the community through our clubs, and she “would like to reach out into different areas and communities and help them with education like how we are now with Nekacheya” (we are rolling out a puberty education class at Nekacheya primary school). Moving forward, her main goal is to maintain what we have now, largely through continuing the success of the Sponsor a Child Program.



PUB QUIZ FUNDRAISER

This Wednesday, De Canton restaurant hosted our bi-monthly ‘Pub Quiz’ fundraiser event. During this event, participants pay 50 Kwacha per person and ferociously compete to win a free pizza, ice cream, and bragging rights. The quiz consists of six different rounds including trivia, geography, songs, anagrams, pictograms, and more. All the proceeds from the event go towards our school and our Good Samaritan Program in which we help out different members of our community. This week we raised 2,224 (~\$131), half of which is going to our school and half to the ZAWS animal rescue program.



"the biggest thing that you need to have here is open-mindedness and to be ready for an amazing experience".

-Tammy Raymond

BAOBUYU LEARNING CENTER

HEALTH & WELLNESS

Recently our health and wellness club has been focusing on the benefits of maintaining a healthy and balanced diet. Past lessons have been on the food pyramid, specific benefits of eating different foods, and healthier methods of preparing food. The club welcomes anyone above the age of 18 and hopes to promote a healthier community in Mwandi. This week intern Anaïs led a lesson focusing on how to create a balanced plate, and healthier ways to prepare foods without the use of unhealthy fats or salt.



This is not a moment
It's a movement
Girl Power



WE NEED YOUR HELP!

Our Reusable Pad Campaign is still going on. We want to give vulnerable girls around Livingstone the resources they need to make their periods more comfortable. Our goal is \$1,000 which will provide 100 girls with reusable pads, made by Baobuyu's wonderful 'Sewing Circle'.

To read more about our initiative and to donate, please click here.

<https://gofund.me/ec706476>

A WEEK IN REVIEW

This week the students have been on their midterm break, so will be rejoining us next week refreshed and ready to learn. While the preschoolers have been gone, our team has been hard at work doing the following:

- Katie held an art workshop with the teachers
- Anaïs and Katie hosted a healthy cooking lesson with the teachers for them to pass along to the students
- Dennis gave a presentation on using technology to the teachers, with this week's focus on PowerPoint
- The interns, along with Teacher Ozious led the second part of our puberty program to 5th and 6th graders at Nekacheya primary school this Thursday

During this lesson, they covered the topics of the female reproductive system, menstruation, how to prepare for a period, the male reproductive system, erections, ejaculation, and how to manage these changes. These lessons are extremely important to teach to these communities as children in Livingstone are often not taught about puberty, STDs, childbirth, and consent. During these lessons, we hope to ease the teenagers' transition into adulthood.



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